Gynaecology Bulletin

Articles

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Catheter-associated urinary tract infection: signs, diagnosis, prevention.  
Davis C. British Journal of Nursing 2019;28(2):96-100.  
[Catheter-associated urinary tract infection (CAUTI) is one of the most prevalent healthcare-associated infections (HAIs) in the UK and can have implications for both the patient and the health service. This article highlights those at risk, the signs and symptoms of CAUTI, diagnosis, methods of prevention and treatment. It highlights current guidance available to nurses to help ensure they are following the most recent recommendations for best practice.]  
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Diagnosis and management of a urinary tract infection.  
[The article discusses various aspects of the nursing-related diagnosis and management of a urinary tract infection (UTI) in a patient, and it mentions bladder physiology, UTI symptoms, and treatments involving antibiotics. According to the article, a UTI can result in painful urination (dysuria). The clean-catch midstream urine and catheter specimen methods of urine collection are addressed, along with a dipstick urinalysis test and urine microscopy.]  
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Effects of a Patient-Centered Graded Exposure Intervention Added to Manual Therapy for Women With Chronic Pelvic Pain: A Randomized Controlled Trial.  
[Our results show interaction effects (P<.05) for all the outcomes. Graded exposure added to manual therapy is distinctly superior to manual therapy alone in maintaining improvements for long-term fear-avoidance behavior and physical functioning. Graded exposure added to manual therapy is a promising approach with long-term effects for women with CPP and fear of movement/(re)injury.]  
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Efficacy of Misoprostol Alone for First-Trimester Medical Abortion: A Systematic Review  
[CONCLUSIONS: Misoprostol alone is effective and safe and is a reasonable option for women seeking abortion in the first trimester. Research is indicated to further refine the regimen and to establish efficacy in the late first trimester.]

Intermittent iron supplementation for reducing anaemia and its associated impairments in adolescent and adult menstruating women.
Fernández-Gaxiola AC. Cochrane Database of Systematic Reviews 2019;1:CD009218.
[Traditionally, daily iron supplementation has been a standard practice for preventing and treating anaemia. However, its long-term use has been limited, as it has been associated with adverse side effects such as nausea, constipation, and teeth staining. Intermittent iron supplementation has been suggested as an effective and safer alternative to daily iron supplementation for preventing and reducing anaemia at the population level, especially in areas where this condition is highly prevalent.]

Interventions to reduce shoulder pain following gynaecological laparoscopic procedures.
Kaloo P. Cochrane Database of Systematic Reviews 2019;1:CD011101.
[Laparoscopy is a common procedure used to diagnose and treat various gynaecological conditions. Shoulder-tip pain (STP) as a result of the laparoscopy occurs in up to 80% of women, with potential for significant morbidity, delayed discharge and readmission. Interventions at the time of gynaecological laparoscopy have been developed in an attempt to reduce the incidence and severity of STP.]

Once-Daily Plazomicin for Complicated Urinary Tract Infections.
[Once-daily plazomicin was noninferior to meropenem for the treatment of complicated UTIs and acute pyelonephritis caused by Enterobacteriaceae, including multidrug-resistant strains.]

Reports
The following report(s) may be of interest:

Cervical cancer 'could become a thing of the past'.
NHS Behind the Headlines; 2019.
[Researchers used data from 37 cancer registries in 8 global regions, ranging from very high income to low income, along with data about population growth and ageing patterns, to predict what would happen if current levels of vaccination and screening stayed the same during the 50 years from 2020 to 2069.]
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