Patient and Public Information Bulletin

Articles
The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

**Cultural animation in health research: An innovative methodology for patient and public involvement and engagement.**
[Cultural Animation is an arts-based methodology of knowledge co-production and community engagement which employs a variety of creative and participatory exercises to help build trusting relationships between diverse participants (expert and non-experts) and democratize the process of research.]
*Freely available online*

**Evaluation of a toolkit resource package to support positive workplace behaviours in relation to quality end-of-life care in Australian hospitals.**
[The study aimed to determine the effectiveness of an action-orientated toolkit in supporting behaviour change in relation to quality end-of-life care in acute hospital settings. A toolkit was developed from an international review of peer-reviewed literature on end of life. The toolkit was well received by users who reported increased confidence in communication around end-of-life matters. 59.3% of users reported making a behaviour change over the previous 4 weeks. ]
*Freely available online*

**Moving beyond the individual: Occupational therapists’ multi-layered work with communities.**
[From a study that aimed to describe the practice process of occupational therapists working in community development, this article presents key findings regarding how occupational therapists described their work with individuals and communities, providing a conceptualization of how to situate their work with individuals within a broad community context.]
*Contact the library for a copy of this article*

**Special issue: Community-based services.**
[The articles selected for this issue offer a variety of international perspectives, from the UK, Ireland, South Africa, Sweden, Australia and Canada. They also offer a range of methodologies, including mixed methods research, surveys, case studies and interviews, and cover a range of areas of practice and of conditions. ]
*Freely available online*
Strategies to improve the implementation of workplace-based policies or practices targeting tobacco, alcohol, diet, physical activity and obesity.
Wolfenden L. Cochrane Database of Systematic Reviews 2018;11:CD012439.
[Previous reviews of trials of workplace-based interventions suggest they can be effective in modifying a range of risk factors including diet, physical activity, obesity, risky alcohol use and tobacco use. However, such interventions are often poorly implemented in workplaces, limiting their impact on employee health. Identifying strategies that are effective in improving workplace-based interventions has the potential to improve their effects on health outcomes.]


Books

New book(s) from the Library and Knowledge Service. Call into your nearest library or contact me for more information.

Tackling bullying and harassment at work : a guide for union reps and workers,
Labour Research Department. 2019. Library Shelf Location: HF 300 LAB.
[Employers have a legal duty to tackle bullying and harassment and there is action that can be taken to deal with the problem. This updated guide provides union reps with examples of best practice and practical guidance. Reay House Library books can be sent out to you and returned by post.]
Available with appropriate registration or membership

Events

You may be interested in this (these) forthcoming event(s):

Clinical trials: why we do them, how we do them [April].
[Designed to help you understand randomised clinical trials. We start by briefly reviewing other study designs (case-series, cohorts ...), emphasising their risks of producing a ‘wrong’ answer due to bias and confounding. You will then be taken through all the stages of a randomised clinical trial. Working in groups you will a) design a simple clinical trial and b) critique a clinical trial publication. Suitable for anyone working in, or planning to work in, clinical trials.]
RSCH, Audrey Emerton Building, Eastern Rd, Brighton BN2 0AE
All day event on: 10th April, 2019
https://www.bsuh.nhs.uk/research/
For more information, please contact Carla.Chambers@bsuh.nhs.uk.

Mind & Body Wellness at Work.
[Boost your knowledge and learn some practical tips to look after your and others’ health and
wellbeing. The event will see the launch of the Mind & Body staff health and wellbeing toolkit. Hear from a range of guest speakers and be part of practical workshops on some of the sessions in the toolkit such as sleep, mindfulness and values. All staff welcome. Lunch and refreshments provided.

ORTUS Conferencing and Events Venue
Date: 6th March, 2019, 9:00am- 3:00pm
https://www.eventbrite.co.uk/e/mind-body-wellness-at-work-tickets-55334534081
For more information, please contact mindandbody@slam.nhs.uk.

Reports

The following report(s) may be of interest:

An effective custodian of the public’s health: A collection of essays on six years of public health in local government.
Local Government Association (LGA); 2019.
https://www.local.gov.uk/effective-custodian-publics-health
[The rationale for a local government lead is unchanged: that the greatest impacts on health are in the circumstances in which we live, employment, education, environment and the effects of the social gradient of health, that is, equality or the lack of it. Local government, while often limited itself in its influence, can certainly impact more on these factors than the NHS.]
Freely available online

Involving NHS staff in research.
https://www.thisinstitute.cam.ac.uk/research-articles/involving-nhs-staff-in-research/
[This report highlights the role of NHS staff in research and explores how the full potential of their involvement could be better realised. It describes the ways NHS staff are making their mark on the research process – from designing studies, to collecting data, to disseminating and implementing research findings. It identifies some of the key reasons NHS staff get involved in research and looks at some of the barriers to active involvement.]
Freely available online

Over a quarter of patients put health at risk by ignoring medication advice from pharmacists, warns NPA.
The Pharmaceutical Journal; 2018.
[Survey results show that patients are willing to ignore pharmacy advice with regards to medication side effects, with 15% saying they would lie to pharmacy staff to get hold of a medicine.]
Freely available online
This Bulletin was created by Sian Hudson of NHS East Dorset Knowledge and Library Service

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