The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

Assessment of Reported Comparative Effectiveness and Safety of Atypical Antipsychotics in the Treatment of Behavioral and Psychological Symptoms of Dementia: A Network Meta-analysis.
[In this network meta-analysis of 17 studies (5373 patients), no significant differences were found across measures of effectiveness and safety among aripiprazole, olanzapine, quetiapine, and risperidone, although differences were found for some of these drugs and outcomes compared with placebo. No trials were found for other atypical antipsychotics.]
Freely available online

Cognitive training for people with mild to moderate dementia.
Bahar-Fuchs A. Cochrane Database of Systematic Reviews 2019;3:CD013069.
[Cognitive impairment, a defining feature of dementia, plays an important role in the compromised functional independence that characterises the condition. Cognitive training (CT) is an approach that uses guided practice on structured tasks with the direct aim of improving or maintaining cognitive abilities.]

Effects of a modified mindfulness-based cognitive therapy for family caregivers of people with dementia: A pilot randomized controlled trial.
Kor PPK. Int J Nurs Stud 2019;-. 
[The findings support the feasibility and preliminary effects of modified mindfulness-based cognitive therapy on reducing stress of caregivers and improving psychological well-being. Some potential effects on people with dementia (e.g., improvements in behavioral problems) were reported by caregivers. A future study with a larger and more diverse sample is proposed to evaluate longer-term effects and generalizability.]

Goal-oriented cognitive rehabilitation for early-stage Alzheimer's and related dementias; the GREAT RCT
[Cognitive rehabilitation for people with early-stage dementia led to large positive effects for participant-rated goal attainment at 3 months and 9 months.]
Freely available online

Memantine for dementia.
McShane R. Cochrane Database of Systematic Reviews 2019;3:CD003154. 
[Memantine is a moderate affinity uncompetitive antagonist of glutamate NMDA receptors. It is licensed for use in moderate and severe Alzheimer's disease (AD); in the USA, it is also
widely used off-label for mild AD.]

**Models for predicting risk of dementia: a systematic review.**
[The predictive ability of existing dementia risk models is acceptable. Population-specific dementia risk models are necessary for populations and subpopulations with different characteristics.]
*Available with an NHS OpenAthens password for eligible users*

**Physical inactivity, cardiometabolic disease, and risk of dementia: an individual-participant meta-analysis.**
Kivimäki M. *BMJ* 2019;365:l1495.
[To examine whether physical inactivity is a risk factor for dementia, with attention to the role of cardiometabolic disease in this association and reverse causation bias that arises from changes in physical activity in the preclinical (prodromal) phase of dementia.]

### Reports

*The following report(s) may be of interest:*

**Suffering in silence: age inequality in older people's mental health care. (CR221)**
Royal College of Psychiatrists (RCPsych); 2018.
[This Report highlights the need for urgent action to address the poorer outcomes experienced by older people in mental health services compared to other age groups. It sets out the evidence to support this assertion and makes a number of recommendations on how the needs of older people could and should be better met in future years.]
*Freely available online*

**Young-onset dementia in mental health services. (CR217)**
Royal College of Psychiatrists (RCPsych); 2018.
[This report recognises that a person with young-onset dementia (YOD) and their family will often have complex diagnostic, management and personal needs and it is important that these needs are met in a timely and effective way.]
*Freely available online*

### Websites

*The following website(s) may be of interest:*

**e-Dementia e-learning programme**
[https://www.e-lfh.org.uk/programmes/dementia](https://www.e-lfh.org.uk/programmes/dementia)
[Health Education England and the University of Bradford have reviewed the e-Dementia e-learning Programme. It focuses on the knowledge needed to support people with dementia and their carers to live as well as possible. As part of the update, 14 new sessions were added and 12 have been retired. New sessions include: person-centred dementia care, dementia diagnosis, risk reduction, communication in dementia care, drug interventions, living well with dementia, carers as partners.]

Freely available online

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