Substance Misuse Bulletin April 2019

Articles

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A comparison of gender-linked population cancer risks between alcohol and tobacco: how many cigarettes are there in a bottle of wine?
[A bottle of wine per week has the same cancer risk as 10 cigarettes per week for women – new study.]
Freely available online

Elements for developing community-based interventions for adults with fetal alcohol spectrum disorder: A scoping review.
Quan R. British Journal of Occupational Therapy 2019;82(4):201-212.
[Current literature about interventions for adults with fetal alcohol spectrum disorder (FASD) is limited, which is a concern, due to the high prevalence of FASD. Community-based interventions are necessary to better support adults with FASD and provide them with the opportunity to achieve success in their daily lives and social participation. This scoping review aimed to identify elements for developing successful community-based interventions for these individuals.]
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Extended-release naltrexone versus standard oral naltrexone versus placebo for opioid use disorder: the NEAT three-arm RCT.
[This study recruited only 6 participants out of the planned 300 because of upheavals in service delivery and because of protocol challenges with recruitment and consent procedures and it was closed.]
Freely available online

Family-based prevention programmes for alcohol use in young people.
Gilligan C. Cochrane Database of Systematic Reviews 2019;3:CD012287.
[Alcohol use in young people is a risk factor for a range of short- and long-term harms and is a cause of concern for health services, policy-makers, youth workers, teachers, and parents.]

The impact of opiate substitution treatment on mortality risk in drug addicts: a natural experiment study.
[There was evidence that the treatment period risks varied with the medication, but
buprenorphine as an alternative to methadone may not reduce mortality overall due to shorter treatment duration.

**Reports**

*The following report(s) may be of interest:*  

**Alcohol yng Nghymru / Alcohol in Wales.**  
[Yn broffil rhyngweithiol yn cynnwys trosolwg o batrwm y defnydd o alcohol a’i efeithiau ynhyd â’r opsiwn i archwilio data defnydd, derbyniadau i’r ysbyty a marwolaethau yn fanyllach ar lefel bwrd iechyd ac awdurddod lleol. / An interactive profile including an overview of the pattern of alcohol consumption and its impacts along with the option to explore consumption, hospital admission and mortality data in further depth at the health board and local authority level.]

*Freely available online*

**Daily skunk cannabis use associated with a 5-fold increase in psychosis risk.**  
The Mental Elf; 2019.  
[Luke Sheridan-Reins explores a recent paper on the contribution of cannabis use to variation in the incidence of psychotic disorder across Europe.]

*Freely available online*
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