Dietetics Bulletin July 2019

Articles

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Environmental interventions to reduce the consumption of sugar-sweetened beverages and their effects on health.
von Philipsborn P. Cochrane Database of Systematic Reviews 2019;6:CD012292.
[Frequent consumption of excess amounts of sugar-sweetened beverages (SSB) is a risk factor for obesity, type 2 diabetes, cardiovascular disease and dental caries. Environmental interventions, i.e. interventions that alter the physical or social environment in which individuals make beverage choices, have been advocated as a means to reduce the consumption of SSB.]

Impact of sugar-sweetened beverage taxes on purchases and dietary intake: Systematic review and meta-analysis.
Teng AM. Obesity Reviews 2019;doi.org/10.1111/obr.12868.
[The aim was to conduct a systematic review of real-world sugar-sweetened beverage (SSB) tax evaluations and examine the overall impact on beverage purchases and dietary intake by meta-analysis.]
Freely available online

Long work hours of mothers and fathers are linked to increased risk for overweight and obesity among preschool children: longitudinal evidence from Germany.
[Most existing studies on maternal employment and childhood overweight/obesity are from the USA. They are predominantly cross-sectional and show a consistent linear association between the two. Less is known about the joint impact of fathers' and mothers' work hours on childhood overweight and obesity.]

Guidelines

The following new guidance has recently been published:

Best practice in the engagement and empowerment of families and carers affected by eating disorders.
BEAT Eating Disorders;2019.
https://www.beateatingdisorders.org.uk/guidance-urges-support-families-carers
[The UK's eating disorder charity Beat has launched new guidance encouraging healthcare providers to ensure better support for families of people with eating disorders, including by offering an assessment of their own mental health needs and offering access to peer-to-peer support programmes. This paper proposes a series of best practice standards for adoption]
Reports

The following report(s) may be of interest:

**Bwyd a maeth yng nghartrefi gofal pobl hŷn / Food and nutrition in older people care homes.**

[Ymgynghoriad ar agor. Hoffem glywed eich barn ynglŷwch canllawiau drafft ar ddarparu bwyd a diod o safon uchel sy’n diwallu gwahanol anghenion preswylwyr o safbwyt maeth. Ymgynghoriad yn cau: 11 Hydref 2019. / Open consultation. We want your views on draft guidance to support good quality food and drink provision in care home settings for older people. Consultation ends: 11 October 2019.]

Freely available online

This Bulletin was created by Su Keill, Librarian & Knowledge Specialist of NHS East Dorset Knowledge and Library Service.

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