Articles

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**Association between tobacco control policies and current smoking across different occupational groups in the EU between 2009 and 2017.**
So VH. *Journal of Epidemiology & Community Health* 2019;73(8):759-767.
[This study investigated the cross-national and longitudinal associations between national tobacco control policies and current smoking in 28 European Union (EU) member states between 2009 and 2017. It also examined the interaction between tobacco control policies and occupational status.]
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**Association of Opioid Overdose With Opioid Prescriptions to Family Members.**
[In this analysis, opioid prescriptions to family members were associated with overdose among individuals who do not receive opioid prescriptions. Interventions may focus on expanding access to opioid antagonists, locking prescription opioids in the home, and providing greater patient education to limit fatal overdose among family members.]
*Contact the library for a copy of this article*

**Cannabinoid hyperemesis syndrome.**
Chocron Y. *BMJ* 2019;366:l4336.

**High alcohol consumption in adult survivors of childhood cancer increases risk of emotional distress.**
Breese Y. *Evidence-Based Nursing* 2019;22(3):84.
[Regarding alcohol consumption patterns, survivors drank less than siblings, survivors treated with cranial radiation therapy drank less than other survivors, and female survivors drank less than male survivors. Associations between alcohol consumption and neurocognitive impairment generally failed to achieve statistical significance. Associations between alcohol consumption and emotional distress were more striking.]
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**Naloxone nasal spray for emergency treatment of known or suspected opioid overdose in non-medical and healthcare settings.**
[Review states the spray may provide a simple and convenient route of administration for non-healthcare professionals, but effect on reversal of respiratory depression may be slightly
lower than injectable routes & number of people who respond to the first dose may also be lower.]

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**Opioid users reflect on their experiences responding to suspected opioid overdoses using take-home naloxone.**
Donaghy J. *Evidence-Based Nursing* 2019;22(3):77.
[Implications for practice and research
Opioid users described using take-home naloxone (THN) to deliver emergency treatment to victims of opioid overdose. Insights from opioid users who have responded to overdoses could improve THN. This study provides a foundation for research exploring the competency of individuals delivering first-line treatment to opioid overdose victims.]

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**Guidelines**

*The following new guidance has recently been published:*

**Pregabalin (Lyrica), gabapentin (Neurontin) and risk of abuse and dependence: new scheduling requirements from 1 April.**
Medicines and Healthcare Products Regulatory Agency (MHRA);2019.
[Drug Safety Update. As of 1 April 2019, pregabalin and gabapentin are controlled under the Misuse of Drugs Act 1971 as Class C substances and scheduled under the Misuse of Drugs Regulations 2001 as Schedule 3. Evaluate patients carefully for a history of drug abuse before prescribing pregabalin and gabapentin and observe patients for development of signs of abuse and dependence.]

Freely available online

**Reports**

*The following report(s) may be of interest:*

**Adolescent cannabis use and risk of depression and suicide.**
The Mental Elf; 2019.
[Benjamin Janaway blogs about a major data analysis that links adolescent cannabis use with increased risk of depression and suicide. He considers the opportunities for early recognition of cannabis use and public intervention.]

Freely available online

**Can a ‘personalised psychosocial toolbox’ help people reduce ‘on-top’ drug use during**
opioid substitution treatment?
The Mental Elf; 2019.
[Vicky Carlisle summarises a promising recent RCT on the efficacy and cost-effectiveness of an adjunctive personalised psychosocial intervention in treatment-resistant maintenance opioid agonist therapy.]
Freely available online

Drug related deaths and suicides in prison custody.
The Mental Elf; 2019.
[Analysis of drug-related deaths and suicides in England and Wales, 2008 to 2016.]
Freely available online

Prevalence of comorbid personality disorder and alcohol use disorder.
The Mental Elf; 2019.
https://www.nationalelfservice.net/mental-health/personality-disorder/prevalence-comorbid-personality-disorder-alcohol-use-disorder/
[People diagnosed with "personality disorders" are likely to also experience alcohol problems. Dean Connolly summarises a recent systematic review that confirms the very high prevalence of comorbid personality disorders and alcohol use disorders.]
Freely available online

We know how to reduce premature deaths from co-morbid mental health and substance use problems, so why aren’t we doing anything about it?
The Mental Elf; 2019.
https://www.nationalelfservice.net/mental-health/substance-misuse/premature-deaths-co-morbid-mental-health-substance-use/
[A Swedish 42-year follow-up study looks at the impact that psychiatric comorbidity can have on premature death in a cohort of patients with substance use disorders.]
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