OMFS Bulletin August 2019

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into your nearest library.

**Interventions to improve quality of life (QOL) and/or mood in patients with head and neck cancer (HNC): a review of the evidence.**
[Types of interventions included educational, psychosocial, physical and psychological symptom management, mindfulness, pharmacologic, exercise, and telemedicine. Although the majority of the studies had small sample sizes or other methodological limitations, many showed preliminary feasibility and acceptability with some positive impacts on QOL and/or mood.]
*Freely available online*

Reports

The following report(s) may be of interest:

**Oral cancer: elective neck dissection or watch and wait?**
The Dental Elf; 2019.  
[https://www.nationalelfservice.net/dentistry/oral-cancer/oral-cancer-elective-neck-dissection-watch-wait/]
[There is an ongoing debate about the management of patients with oral cavity squamous cell carcinoma and clinically negative cervical lymph nodes. The aim of this review was to compare the prognosis of elective neck dissection or wait and watch in oral cavity cancer patients with clinically negative cervical lymph nodes.]  
*Freely available online*

**Oral mucositis in cancer patients: the effect of oral supplementation.**
The Dental Elf; 2019.  
[https://www.nationalelfservice.net/dentistry/oral-cancer/oral-mucositis-effect-oral-supplementation/]
[This review of the effects of oral supplementation on the prevention and/or treatment of oral mucositis in patients with cancer undergoing chemotherapy and/or radiotherapy suggests that Zinc supplements may be beneficial.]  
*Freely available online*

**Toothbrushing in intensive care: does it reduce the risk of ventilator-associated pneumonia?**
The Dental Elf; 2019.  
[https://www.nationalelfservice.net/dentistry/oral-health-other-health-...
conditions/toothbrushing-intensive-care-reduce-risk-ventilator-associated-pneumonia/

[This review of whether toothbrushing-based oral health measures, performed in intensive care units, can reduce the risk of ventilator-associated pneumonia included 12 trails with the findings suggesting a positive effect.]

*Freely available online*

This Bulletin was created by Su Keill, Knowledge Specialist of NHS East Dorset Knowledge and Library Service.

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