Reshaping Clinical Care— 11th October 2019

[Covering dementia, integrated care (including Primary Care Networks and emerging roles), long term conditions, older people, safeguarding]

Produced by Oxford Health Libraries

Dementia

The value of the GP’s clinical judgement in predicting dementia: a multicentre prospective cohort study among patients in general practice

Michael Pentzek et al. Br J Gen Pract October 8, 2019

In this sample of patients in familiar doctor–patient relationships, the GP’s clinical judgement holds additional value for predicting dementia, complementing test performance and patients’ self-reports.

Contact the library for a copy of this article

Building the dementia pathway: delivering place-based care

King’s Fund 4th October 2019

This one-day event, on 13th November 2019, run in partnership with Alzheimer’s Society, will explore the move to integrated ways of working through integrated care systems (ICSs) and primary care networks (PCNs), and other commitments in the NHS long-term plan around personalised care.

Effect of Collaborative Dementia Care via Telephone and Internet on Quality of Life, Caregiver Well-being, and Health Care Use: The Care Ecosystem Randomized Clinical Trial


This study found that a simple, relatively inexpensive intervention, with a “care team navigator” operating on the frontline with support from clinicians, may improve the wellbeing of caregivers whose role may be crucial to the patient’s survival and quality of life.

Contact the library for a copy of this article

NHS hospitals go back to the future for dementia care

NHS England 24th September 2019

NHS hospitals are going back to the future to help patients with dementia by decorating their wards, rooms and corridors in 1940s and 1950s style – creating a calming, familiar environment which can help jog memories, reduce anxiety and distress.

The individual course of neuropsychiatric symptoms in people with Alzheimer’s and Lewy body dementia: 12-year longitudinal cohort study.


We observed a highly individual course of NPS, with most presenting as a single episode or relapsing; a stable course was less common, especially in LBD. These findings demonstrate the importance of an individualised approach (i.e. personalised medicine) in dementia care.

Contact the library for a copy of this article
Using AI assessment to tackle dementia in ultra-early stages

*Cognetivity Neurosciences, a Cambridge University spin-out based in London, has developed an artificial-intelligence (AI) powered test designed to detect cognitive decline in its ultra-early stages – potentially detecting dementia and related conditions up to 15 years before a formal diagnosis.*

**Integrated Care**

**Impact of a system-wide quality improvement initiative on blood pressure control: A cohort analysis**

*Pfoh E.R.  BMJ Quality and Safety; 2019*

A system-wide initiative can improve BP control, primarily through medication intensification.

*Available with and NHS Open Athens log in for eligible users*

**Achieving Integrated Care: 15 best practice actions**

*LGA and SCIE  September 2019*

The fifteen actions prioritised in this resource draw on evidence about what works from international research, emerging best practices and engagement with stakeholders and partners. The actions are deliberately aligned with national policy, legal frameworks and regulatory guidance, but most important, they allow for local variety in system design and service delivery to flourish.

**How widespread is working at scale in English general practice? An observational study.**

*Forbes, Lindsay Jl et al.  The British journal of general practice  Sep 2019*

In early 2018, approximately 5% of general practices were working closely at scale; approximately half of practices were working more loosely at scale. However, data were incomplete. Better records of what is happening at practice level should be collected so that the effect of working at scale on patient care can be evaluated.

*Contact the library for a copy of this article*

**Body mass index and use and costs of primary care services among women aged 55-79 years in England: a cohort and linked data study**

*Kent S. et al.  International Journal of Obesity; Sep 2019; vol. 43 (no. 9); p. 1839-1848*

Excess body weight is associated with higher use and costs of primary care services among women in England. Reducing the prevalence of excess weight could improve the health of women and reduce pressures on primary care.

**How do GPs and patients share the responsibility for cancer safety netting follow-up actions? A qualitative interview study of GPs and patients in Oxfordshire, UK**

*Evans J. et al  BMJ open; Sep 2019; vol. 9 (no. 9)*

GPs and patients exchange and share responsibility using a combination of transactional and
interdependent styles, tailoring information based on patient characteristics and each party's level of concern. Clear action plans (written where necessary) at the end of every consultation would help patients decide when to re-consult.

**Current understanding and implementation of 'care navigation' across England: a cross-sectional study of NHS clinical commissioning groups.**
Tierney, Stephanie; Wong, Geoff & Mahtani, Kamal R. *The British journal of general practice* Sep 2019
There is a policy steer to engaging patients in social prescribing, using some form of care navigator to help with this. Results highlight that implementation is heterogeneous. This could make comparison and the pooling of data on care navigation difficult. It may also leave patients unsure about what care navigation is about and how it could help them.
*Contact the library for a copy of this article*

**What can England learn from the long-term care system in Germany?**
The current social care system in England is widely regarded as unfair, complex, confusing and failing to meet growing care needs in the population. Germany was in a similar situation 24 years ago, but successfully brought about far-reaching reform. As the UK government promises to fix our social care system, what can England learn from Germany's experience of reform?

**The feasibility of training general practitioners to do cognitive behavioural therapy in routine practice—a qualitative study**
Davidsen, Annette Sofie; Overbeck, Gritt; Kousgaard, Marius Brostrøm *Counselling & Psychotherapy Research*; Oct 2019
In this Danish study results suggest that wide-scale implementation of CBT delivered by GPs to patients with common mental disorders is not feasible. Nevertheless, there are many psychotherapeutic elements in routine consultations in general practice, and GPs could possibly gain from improving their ways of questioning, and their use of non-specific therapeutic, relational and psychodynamic factors.
*Contact the library for a copy of this article*

**The impact of a named GP scheme on continuity of care and emergency hospital admission: A cohort study among older patients in England, 2012-2016**
Tammes P. et al. *BMJ Open*; Sep 2019; vol. 9 (no. 9)
The introduction of the named GP scheme was not associated with improvements in either continuity of care or rates of unplanned hospitalisation.

**Long-Term Conditions**

**Psychological therapy for postnatal depression in uk primary care mental health services: A qualitative investigation using framework analysis**
Hadfield, Holly et al. *Journal of Child and Family Studies*; Sep 2019
Primary care-based psychological therapy for PND was perceived as helpful and acceptable. It clearly met some of the mothers’ goals, especially if their beliefs about being a ‘bad mother’ was challenged
and modified. Barriers to engagement, such as childcare issues and therapist’s knowledge about perinatal mental health, would also need to be overcome. Finally, mother-infant interventions should be further explored as an adjunct treatment option.

Contact the library for a copy of this article

Experience of adopting faecal immunochemical testing to meet the NICE colorectal cancer referral criteria for low-risk symptomatic primary care patients in Oxfordshire, UK

Nicholson B.D. et al. Frontline Gastroenterology; Oct 2019; vol. 10 (no. 4); p. 347-355

In this low-risk symptomatic patient group, the proportion of samples considered positive by FIT was considerably lower than gFOB with the same rate of colorectal adenocarcinoma detection. One in three of those with positive FIT had a significant colorectal disease. This supports NICE recommendation that FIT can be reliably used as a triage test in primary care without overburdening endoscopy resources

Available with and NHS OpenAthens log in for eligible users

Analysis of English general practice level data linking medication levels, service activity and demography to levels of glycaemic control being achieved in type 2 diabetes to improve clinical practice and patient outcomes

Heald A. et al BMJ Open; Sep 2019; vol. 9 (no. 9)

GPP using more legacy therapies such as sulphonylurea/insulin demonstrate poorer outcomes, while those applying holistic patient management/use of newer molecules demonstrate improved glycaemic outcomes. If all GPP moved service levels/prescribing to those of the top decile, both TGC/HGR could be substantially improved.

Available with and NHS OpenAthens log in for eligible users

Raising the bar in asthma management.

Mendes A. British Journal of Community Nursing 2019;24(9):456-45

Despite asthma being a life-threatening condition, there is a great deal of complacency surrounding its management, among both health professionals and patients. Both patients and health professionals had poor perceptions of asthma and its risk of death, in particular.

Available with and NHS OpenAthens log in for eligible users

Light in dark places’: exploring qualitative data from a longitudinal study using creative arts as a form of social prescribing.

Redmond, Mark et al. Arts & Health: International Journal for Research, Policy & Practice; Oct 2019; vol. 11 (no. 3); p. 232-245

The evidence suggests that arts-based referral programmes, have a range of benefits for participants that may not have been fully appreciated. The consequences on self-management requires further investigation.

Making personalised care happen: implementing the 'Comprehensive Model' in general practice.

Last, Rhian Practice Nurse; Sep 2019; vol. 49 (no. 9); p. 33-37

Discusses the widespread variation in standards of approach and effectiveness of care planning; exploring six principles that support effective personalized care in practice, in the context of the
general practice setting; and ensuring that everyone is given the opportunity to be involved in
decisions about their health and social care.
Contact the library for a copy of this article

**Cognitive behavioural therapy for irritable bowel syndrome: 24-month follow-up of participants in the ACTIB randomised trial**

Everitt H.A. et al. *The Lancet. Gastroenterology & hepatology; Sep 2019*

At 24-month follow-up, sustained improvements in IBS were seen in both CBT groups compared with TAU, although some previous gains were reduced compared with the 12-month outcomes. IBS-specific CBT has the potential to provide long-term improvement in IBS, achievable within a usual clinical setting. Increasing access to CBT for IBS could achieve long-term patient benefit.

**Mental Healthcare in Young People and Young Adults.**


This review looks in detail at the mental healthcare provided to young people from the unique perspective of the overlap between physical and mental healthcare, the quality of physical and mental healthcare provided and how patients with mental health conditions use healthcare services with the aim to identify areas of care that can be improved for all patients aged between 11 and 25 years.

**Top tips for managing medicines for adults receiving social care in the community**

*NICE, RCGP, RPS. September 2019*

A new guide is for GPs and pharmacists has been launched by The Royal College of General Practitioners (RCGP) and the Royal Pharmaceutical Society (RPS) drawing on the NICE guideline and quality standard on managing medicines in the community. Areas covered include shared decision-making, the inclusion of care at home providers needs assessment and recording.

**Examining the effectiveness of examination at 6-8 weeks for developmental dysplasia: Testing the safety net**

Reidy M. et al. *Arch. of Disease in Childhood; Oct 2019; vol. 104 (no. 10); p. 953-955*

For many years the check at 6-8 weeks has been thought of as a means to identify those children not identified as neonates; however, we found that four out of five children with DDH were not identified by the check at 6-8 weeks. Unfortunately, we conclude that the presumed safety net of the examination in its current form is not reliable.

**Diagnosis and initial management in psoriatic arthritis: A qualitative study with patients**

*Dures E. et al. Rheumatology Advances in Practice; 2019; vol. 3 (no. 2)*

Physical and mental outcomes could be improved by the implementation of existing psoriasis management guidelines and strategies for earlier referral from primary care to rheumatology and by the development of guidelines on educational, self-management and psychological support provision soon after diagnosis.

Contact the library for a copy of this article
Older people

Role of primary care in supporting older adults who self-harm: a qualitative study in England
M Isabela Troya et al. Br J Gen Pract October 8, 2019
Given the complex nature of self-harm, there is a need for primary care to work with other sectors to provide comprehensive support to older adults who self-harm.

Contact the library for a copy of this article

Outcomes of hospital admissions among frail older people: a 2-year cohort study.
A study by researchers from University of Leicester indicates that individuals with frailty who are discharged from hospital experience increased mortality and resource use, even after short ‘ambulatory’ admissions.

Does a social prescribing ‘holistic’ link-worker for older people with complex, multimorbidity improve well-being and frailty and reduce health and social care use and costs? A 12-month before-and-after evaluation
Julian Elston et al. Primary Health Care Research & Development, v20 e135 24 September 2019
Outcomes from a Well-being Co-ordinator service managed by Teignbridge CVS for Torbay and South Devon NHS Foundation Trust to support older adults with complex health needs. Most of the participants achieved their "living-well" and quality of life goals (looking after yourself, social participation and feeling positive, patient activation scores) at 12 weeks.

The community mental health framework for adults and older adults
NHS England 29th September 2019
The Community Mental Health Framework describes how the Long Term Plan’s vision for a place-based community mental health model can be realised, and how community services should modernise to offer whole-person, whole-population health approaches, aligned with the new Primary Care Networks.

Tammes, Peter; Payne, Rupert A et al, BMJ open; Sep 2019; 9 (9): e029103
The introduction of the named GP scheme was not associated with improvements in either continuity of care or rates of unplanned hospitalisation.

Ageing and mobility: a grand challenge
Centre for Ageing better 30th September 2019
This report provides analysis of evidence, experiences and insights gained from the Centre for Ageing Better’s strategic partnership work in Greater Manchester and Leeds as well as wider stakeholder engagement.


Han, Lu; Clegg, Andrew; Doran, Tim; Fraser, Lorna, Age & Ageing; Sep 2019; 48 (5):665-671
Increasing frailty is associated with substantial increases in healthcare costs, driven by increased hospital admissions, longer inpatient stay, and increased general practice consultations.

Contact the library for a copy of this article

Safeguarding

Dementia and patient safety in the community: a qualitative study of family carers' protective practices and implications for services.

Haikio, Kristin; Sagbakken, Mette; Rugkasa, Jorun BMC health services research; Sep 2019; vol. 19 (no. 1); p. 635
When family caregivers prevent harm and meet needs, some needs may be concealed or invisible to health professionals. To recognize all needs and provide effective, safe and person centred care, health professionals need to recognize these preventive practices and seek to build a solid partnership with family carers.


Bloom, C I; Walker, S; Quint, J K. The Journal of asthma Sep 2019 ; p. 1-9
The majority of high risk asthma patients were not referred for specialist care, as recommended by national guidelines. Compared to other risk factors, those admitted to hospital were most likely to receive a referral.

Contact the library for a copy of this article

Variation in patterns of health care before suicide: A population case-control study.

Ahmedani, Brian K et al. Preventive medicine; Oct 2019; vol. 127 ; p. 105796
This US study provides important data about how care utilization differs for those who die by suicide compared to the general population and can inform decision makers on targeting of suicide prevention activities within health systems.

Contact the library for a copy of this article

All content and links are provided for information only and we do not sponsor, endorse or otherwise approve of any mentioned website or the contents of the news items. Please refer to the terms and conditions of the relevant website should you wish to reproduce any of the information.
Need further help? The NHS Library & Knowledge Team is here to support the information needs of all NHS staff across Dorset. We’re happy to help you with literature searches, search skills training and advice, keeping you up to date, and general references enquiries.

Contact us:
Telephone: 01202 442101/01202 704270
library@poole.nhs.uk library@rbch.nhs.uk
https://dorsetnhs.libguides.com
Register for OpenAthens to access e-resources: https://openathens.nice.org.uk/

To subscribe/unsubscribe from this bulletin please reply to the email.

By signing up to receive this bulletin, you agree that the information provided (your email address and name) will be held on NHS East Dorset Library and Knowledge Service files or databases. You will only be contacted by us in reference to this bulletin. By submitting this information you agree that your details may be used for this purpose. Your details will not be passed on to any third parties.