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**Clinical effectiveness of non-surgical interventions for primary frozen shoulder: A systematic review.**
[To update an existing systematic review of randomized clinical trials evaluating the clinical effectiveness of non-surgical management interventions for people with primary frozen shoulder in terms of pain, movement, self-reported function and disability, quality of life, recovery time, return to work and recreation, and adverse events.]
*Freely available online*

**Efficacy of non-surgical interventions for trapeziometacarpal (thumb base) osteoarthritis: A systematic review.**
Hamasaki T. *Arthritis Care and Research* 2019; doi: 10.1002/acr.24084.
[This comprehensive SR allowed collating evidence-based data on the efficacy of non-surgical interventions for TMO. Steroid intra-articular injections would not be more effective than saline injections. Rehabilitative interventions (orthosis, exercises, nerve mobilization) would be efficacious. However, these findings must be treated with circumspection due to methodological limitations in many studies.]
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**Non-Steroidal Anti-Inflammatory Drugs As Potential Disease Modifying Medications In Axial Spondyloarthritis.**
Wang R. *Arthritis and Rheumatology* 2019; doi.org/10.1002/art.41164.
[In this paper, we will review the clinical studies of NSAIDs and biologics on disease modification of axSpA, examine genetic, animal and clinical evidence of NSAID effects on bone formation, and discuss how future studies may investigate the question of disease modification in axSpA.]
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**Risk of Infections and Cancer in Patients With Rheumatologic Diseases Receiving Interleukin Inhibitors: A Systematic Review and Meta-analysis.**
[In this systematic review and meta-analysis of 74 randomized clinical trials comprising 29,214 patients, pooled results suggest that risk of serious infections, opportunistic infections, and cancer is increased in patients with rheumatologic diseases who are treated with interleukin inhibitors compared with placebo.]
*Freely available online*
Systemic administration of local anesthetic agents to relieve neuropathic pain.
Challapalli V. *Cochrane Database of Systematic Reviews* 2019;2019(10): CD003345.  
[With the recent publication of clinical trials with high quality standards, we have reviewed the use of systemic lidocaine and its oral analogs in neuropathic pain to update our knowledge, to measure their benefit and harm, and to better define their role in therapy.]

**The Treatment of Primary Arthritis of the Finger and Thumb Joint.**
[In the early stages of primary finger and thumb joint arthritis, a conservative, multimodal treatment approach involving the use of splints, physiotherapy, and non-steroidal anti-inflammatory drugs can be helpful. The efficacy of conservative treatment has been documented in high-quality clinical trials, while that of surgical treatment has not.]

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