Anaesthetics Bulletin December 2019

Articles

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**Anterior quadratus lumborum block analgesia for total hip arthroplasty: a randomized, controlled study.**
[Preliminary data show that the QL block provided effective analgesia and decreased opioid requirements up to 48 hours after primary THA.]
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**Bilateral single-injection erector spinae plane block versus intrathecal morphine for postoperative analgesia in living donor laparoscopic hepatectomy: a randomized non-inferiority trial.**
[Bilateral single-injection ESP blocks resulted in higher resting pain scores 24 hours postoperatively compared with ITM and thus did not meet the study definition of non-inferiority. However, the pain intensity with ESP blocks was mild (mean pain scores]
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**Does general anesthesia affect neurodevelopment in infants and children?**
McCann ME. *BMJ* 2019;367:l6459.
[Practitioners and families should be reassured that although general anesthetics have the potential to induce neurotoxicity, very little clinical evidence exists to support this.]

**Sympathetic Nerve Block in Lymphedema Treatment: A Systematic Review.**
Forte AJ. *Cureus* 2019;11(9):e5700.
[Treatment with a nerve block promoted lymphedema improvement expressed by decreased limb circumference and patient-reported outcomes. Large randomized clinical trials are still pending, but sympathetic nerve block seems to be a promising alternative for lymphedema patients who do not respond to conservative therapy.]
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