'It's the relationship you develop with them': emotional intelligence in nurse leadership: a qualitative study.
[This study aimed to investigate emotional intelligence (EI) and its relationship to nursing leadership. Strong, effective leadership is core to organisational competency and significantly influences care quality. EI is the ability to understand one's own feelings and to assess and respond to the feelings of others. It is linked to self-awareness, self-management, social awareness and social skills, all of which are vital in leadership roles.]
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Creating consensus-based practice guidelines with 2000 nurses.
[Traditionally, to develop guidelines, a small group of experts examine evidence then agree on a set of statements, which are then published in journals. However, more than 7000 primary care journal articles are published monthly. This study examined a different way of drawing up practice guidelines, which involved large numbers of nurses from different countries directly in developing then disseminating the guidelines to speed up acceptance and the implementation of best practice.]
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Efficacy of relaxation therapy as an effective nursing intervention for post-operative pain relief in patients undergoing abdominal surgery: A systematic review and meta-analysis.
[On the whole, despite trials demonstrating the benefits of relaxation therapy for immediate pain relief in patients post-abdominal surgery, there is lack of high-quality scientific evidence substantiating its routine use. There is a need for more robust randomized control trials (RCTs) utilizing standardized relaxation protocols to provide further evidence on this subject.]
Freely available online

Introducing employment passports for nurses and other healthcare workers.
[The author discusses a new initiative from NHS England that plans to introduce NHS passports to help staff work more flexibly across different organisations. In September 2019 NHS England announced that, after successful piloting, it was going to roll out NHS staff passports. This was one of the aims of the NHS Long Term Plan (NHS England and NHS Improvement (NHSI), 2019).]
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O2 No Longer the Go2: A Systematic Review and Meta-Analysis Comparing the Effects of Giving Perioperative Oxygen Therapy of 30% FiO2 to 80% FiO2 on Surgical Site Infection and Mortality.


[This meta-analysis showed no statistically significant difference in post-operative SSI or mortality when comparing patients receiving an FiO2 of 80% to those receiving an FiO2 of 30%.]

Contact the library for a copy of this article

Patient satisfaction with oral versus intravenous sedation for cataract surgery: a randomized clinical trial.

Peeler CE. Ophthalmology 2019;126(9):1212-1218.

[The aim of this prospective, randomized, double-masked clinical trial was to determine whether patient satisfaction with oral sedation is noninferior to intravenous sedation for cataract surgery.]

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Reports

The following report(s) may be of interest:

Continuing an anticoagulant at home after abdominal surgery cuts thrombosis risk.

NIHR Dissemination Centre; 2019.
https://discover.dc.nihr.ac.uk/content/signal-000850/heparin-at-home-cuts-clot-risk-after-abdominal-surgery

[NIHR Signal. Continuing to take low molecular weight heparin for two to four weeks after major abdominal surgery significantly reduces the risk of developing a dangerous blood clot.]

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